

Crisis Management Resources:

- Emergency Dispatch - **911**
- California Mental Health Warm-line – **1-855-845-7415**
or instant message at <https://www.mentalhealthsf.org/peer-run-warmline/>
- Sacramento County Mental Health Crisis Line – **1-888-881-4881**
- Placer County Crisis & Emergency Services – **1-888-866-5401**
- National Suicide Prevention Life-Line – **1-800-273-8255**
- Crisis Text Line - ***Text "HOME" to 741741***
- National Parent Helpline – **1-855-427-2736**
- The Center for Violence Free Relationships - **(530) 626-1131**
or (916) 939-6616
(24/7 support line for victims of domestic violence or sexual assault)
- WEAVE - **(916) 920-2952**
(24/7 crisis support line for victims of domestic violence, sexual assault and LGBTQ+ support services in the Sacramento Area)
- Tahoe SAFE Alliance – 1-800-736-1060
(24/7 crisis support line for victims of domestic violence, sexual assault and child abuse services in North Lake Tahoe/Truckee)
- The Trevor Project - **1 (866) 488-7386**
(24/7 LGBTQ+ crisis intervention and suicide prevention line)
- California Youth Crisis Line - **1 (800) 843-5200**