

HEALTHY CELEBRATION AND SNACK IDEAS

The school wellness policy requires that all foods offered in school meet the USDA Smart Snacks for Schools regulations. Below are lists of suggested alternate snack ideas for classroom celebrations and snacks. For more specific ideas and product names, visit the Alliance for a Healthier Generation website:

<https://foodplanner.healthiergeneration.org/products/>

Rule of thumb guidelines are to choose items that have no added sugar and are lower in fat. Grain items should list Whole Grain as the first ingredient on the package.

Food Items

Items on approved [GVCS Smart Snack List](#)

Fresh Fruit- apple slices, orange smiles, bananas

Cut Veggies and Low-Fat Dip- sliced cucumber, baby carrots, celery sticks

Non-Food Items

Pencils

Pens

Crayon Packets

Markers

Rulers

Book marks

Coloring Books / Coloring Page

Stencils

Stickers

Puzzles

Erasers

Playing Cards

Card Games

Party Hats

Sunglasses