



ART OF TEACHING

WALDORF EDUCATION

Our Art of Teaching Course Educators



Cynthia Aldinger is founder of LifeWays North America, dedicated to the support of healthy early childhood programs and parenting practices. Author of *Life is the Curriculum* and co-author of *Home Away From Home*, Cynthia has lectured and presented internationally and directed trainings and seminars across the United States. She served fourteen years on the board of the Waldorf Early Childhood Association of North America and received her Waldorf teaching certificate at Emerson College in Sussex, England. A mother and grandmother, Cynthia's passion is the preservation of the playful spirit of childhood and helping to create early childhood environments that provide the comfort, security and activities found in a healthy home.



Annie Bosque is the teacher and creator of the Outdoor Kindergarten Home School Program at Golden Valley River School. She completed a Master's in Education at Rudolf Steiner College with a focus on how to create and support parent teacher partnership. Annie has taught for BACWTT for several years, mentors new teachers, and has led various workshops at a variety of conferences. For several years, she facilitated an outdoor parent child program for two to six-year-old children and their parents.



Allie Brooks worked at Golden Valley for 10 years. She has specialized in lower grades (grades 1-5) both as a teacher and mentor. Allie obtained her Waldorf Certification in 2014 and is a certified trainer in the Nurtured Heart Approach, a methodology for helping children use their intensity in successful ways. Allie appreciates how Waldorf education cultivates children's emotional life and imagination while educating them in a way that allows them to connect more fully to the curriculum and subject matter.



Lee Sturgeon Day is a counselor and adult educator. She has offered practical and imaginative resources to help parents and caregivers nurture themselves during the stresses of life for more than thirty years. She has taught in several Waldorf teacher training programs across the country.



Brianne Hidden is in her 12th year of teaching, 9 of which were as a Waldorf teacher. She led the Willow Tree class through 2nd-8th and is currently leading the Magnolia Tree class to 5th. She is an accomplished actress and active in Sacramento theater. She received her certification in Waldorf Education from Rudolf Steiner College and holds a teaching credential from CSU Sacramento. She was recently awarded Teacher of the Year 2022 by the Orangevale Chamber of Commerce.



Stephanie Lorenz has been a faculty member of Golden Valley River School for over 11 years. Her children are Golden Valley alumni. She strives to develop healthy rhythms professionally and personally as an instructor of Cyber Civics. Much of this evening will focus on the incredible work done by Diana Graber, author of [Raising Humans in a Digital Word](#)



Richard March has been a frequent member of Golden Valley, having first joined the faculty in 2007 as the music teacher for grades 1st-8th. Since then, he has taught upper grades music for a combined 7 years, taking a 2-year hiatus to service in the Peace Corps, Ethiopia. Richard is a certified Orff Schulwerk teacher, completing his levels with the San Francisco Orff course. In 2022, he left Golden Valley to complete his certification as a Certified Music Practitioner (CMP) through the 'Music for Healing and Transition Program' and is currently employed as a CMP with Mercy General, and Woodland Memorial hospitals. Richard has been a performing songwriter for 30 years and continues to perform regularly.



Tavia Pagan has been teaching kindergarten at Golden Valley River School since 2010. She received her Master's in Waldorf Education from Rudolf Steiner College, with an emphasis on fine motor development in the Waldorf kindergarten. Through teaching opportunities with Rudolf Steiner College, Gradalis, and various conferences, Tavia enjoys encouraging other kindergarten teachers to simplify their classroom environments, to benefit both their students and themselves.



Becky Page became the principal of Golden Valley Orchard School after 19 years in the classroom. She taught Kindergarten for more than ten years before taking on this role. Becky completed her Waldorf teacher training at Rudolf Steiner College and completed her Master's in Waldorf Education with a focus on the benefits of music in kindergarten. Becky has been a presenter at The Early Childhood Symposium as well as taught at Rudolf Steiner College during the summer.



Lee Pope was the curriculum specialist at Golden Valley Charter Schools for 9 years, where she mentored teachers, developed curriculum, and worked with parents and students. Prior to her work at Golden Valley, Lee served as a class teacher at Yuba River Charter School for 11 years. She has taught workshops at Rudolf Steiner college as part of the Public School Institute and the Art of Teaching programs there, and continues to offer her part-time services as a mentor to Waldorf teachers. Lee received her BA in English Literature at George Washington University, and her Waldorf Teaching Certificate at Rudolf Steiner College. Over the past three years she has written and illustrated three books for children as well as editing and compiling two collections of oral histories.



Alice Stamm has been teaching Eurythmy in both Waldorf private and charter schools for some 40 years and especially, after retiring several years ago, in kindergartens! She has developed puppet Eurythmy and also does first grade assessments to round out her love and admiration for this vocation.



Ryan Sutton has worked at Golden Valley Charter Schools since 2008 and is a certified Waldorf educator. Specializing in upper grades, Mr. Sutton has completed 5 loops of 6th - 8th grade and is now in his first year as principal of Golden Valley River School. In recent years, Ryan has also served as mentor to fellow upper grades teachers and has taught at Rudolf Steiner College in their 'Art of Teaching' program.